

Board of Directors Meeting Minutes – January 17, 2015 – 10:00AM-12:00PM

Location: TBC for CBT Group Room, 511 Wilbur St. Brandon, Florida 33511

Next Meeting: Scheduled for February 21, 2015

Florida Borderline Personality Disorder Association

Attendees: Charlie O'Neil, Kelly Turner, Nancy Gordon, Gordana Krone, Jacki Krone, Natalie Huessein, Sharon Bowman, Casey Beavers, Lisa Pennix

Meeting called to order: 10:00 AM by Charlie.

Started with Mindfulness Exercise led by: Sharon

Next month Mindfulness Leader: ?

Jacki took minutes .

1. Minutes reviewed and approved as written

Action Items:

- Jacki will distribute agenda and all board members will print out and bring December minutes to the meeting

2. Treasurers Financial Report:

Lisa reported the business account has a balance of about \$7000.00

Donations are continuing to stream in from our Holiday cards

Thank you cards for financial contributions were presented and admired and we will send them out at each meeting so that they can be signed by all of the board members

Action Item(s):

- Lisa will provide reports monthly

3. Meeting date/Announcements : Next meeting on 2/21/2015 confirmed

Action Item (s):

- Nancy will put all meeting dates and announcements on the website.

4. By-Laws-Articles of Incorporation

Action Items:

- Nancy will reach out to new lawyer contact she recently made to confirm her offer to review

5. Website update:

Board met with Micheal and Michelle and were educated on the use of Wordpress so that we could easily access our website and make content contributions in a timely fashion. It was an excellent and informative session and we all appreciated the learning opportunity

Action Items:

- Remind people to use Amazon Smile instead of Amazon and put link on website (technical difficulties will be resolved)
- We need an automatic sign up list for our website and mailing list
- Clinicians corner was updated, and we need to keep the content regularly updated, Blogs need to be added on a regular basis. Encourage search for resources
- Nancy will continue to add links for; NEABPD, NAMI, TARA and all pertinent resource information and amazon smiles information with help from Derek.

6. Business Plan: Board will read the Business Plan Charlie distributed and bring feedback to the next meeting

Action Items:

- Business Plan was reviewed and approved by Board
- Detailed, strategic, specific projects and events will be added to the plan as needed

7. Educational Event Planning :

Educational Events are scheduled for the third Wednesday for March, April and May.

Wednesday March 18, 2015, Wednesday April 15, 2015 and Wednesday May 20, 2015

Location : The Children's Board, 1002 East Avenue Avenue, Ybor City , Tampa 33605

Time: 6:30 PM

Topics: 1. Overview of BPD. 2. Helping Families Cope with BPD. 3. BPD in teenagers. (adolescent). Kelly agreed to facilitate the first one, "Back From The Edge". The second will be led by either Kelly or if Beth wants to, and will involve viewing the film "Coping with BPD". Again, whomever wants to co-facilitate is welcome. The third will be led by Nancy and will focus on BPD with teens. This will be marketed as a series and through our mailing list on constant contact, Nancy's mailing list, our website and NAMI.

Action Item(s):

- Nancy will work on the marketing and information distribution, { Flyer and Website including registration}
- Gordana will develop flyers for educational program and distribute widely (constant contact)
- Set up a registration list for those who want to sign up for the education program

9. New Business

- Create a system and criteria to add therapists to website
- Gordana will explore FB s status

Meeting Adjourned at 12.00PM